



**TOBAGO DANCESPORT CHAMPIONSHIPS 2018  
REGISTRATION FORM**  
**Dance Ensemble P.O. Box 5713 Scarborough, Tobago.**

**Competitor: (Block letters please!)**

Gender	Male	Female	Date of Birth	_____
<b>Name-- First:</b>	_____		<b>Last:</b>	_____
Level:	Pre Bronze	Bronze	Silver	Gold& Above
Cell phone:	_____		Email:	_____
School:	.....		Country:	.....

**Partner: (Block letters please!)**

Gender	Male	Female	Date of Birth	_____
<b>Name-- First:</b>	_____		<b>Last:</b>	_____
Level:	Pre Bronze	Bronze	Silver	Gold& Above
Cell phone:	_____		Email:	_____
School:	.....		Country:	.....

**Categories entered:**

<input type="checkbox"/> Pre Juvenile	<input type="checkbox"/> Juvenile	
<input type="checkbox"/> Adult Beginner-Ballroom	<input type="checkbox"/> Adult Beginner-Latin	
<input type="checkbox"/> Youth-Ballroom	<input type="checkbox"/> Youth-Latin	<input type="checkbox"/> Dancing with Caribbean Stars (New)
<input type="checkbox"/> Adult Open-Ballroom	<input type="checkbox"/> Adult Open-Latin	<input type="checkbox"/> Caribbean Freestyle (New)
<input type="checkbox"/> Adult Open- Conventional	<input type="checkbox"/> Adult Open-Club	<input type="checkbox"/> Adult Performance

*All competitors MUST sign the attached indemnity agreement (Appendix 2)*

**By signing below, we confirm that we have read and accepted all of the competition rules and regulations and agree to abide by these rules and any other instructions given.**

\_\_\_\_\_  
Competitor signature (Male)

\_\_\_\_\_  
Competitor signature (Female)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date

The completed registration form (above) AND the signed Indemnity Agreement to be hand-delivered or emailed to [tobagodancesport@gmail.com](mailto:tobagodancesport@gmail.com) . **Registration Deadline June 1 2018.**

**Registration is incomplete without payment of Fee.**

**Fee per Couple: Juvenile & Pre-Juvenile - \$100TTD, Youth & Adults - \$200TTD**

**‘EARLY BIRD’ Registration (on or before) Black Friday 13th April 2018: 50% discount!**

Official use only / / 2018 received by:



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Category	Open to	Notes
Pre-Juvenile	<i>Under 8 years of age</i>	
Juvenile	<i>8 to 11 years</i>	
Youth: Ballroom & Latin	<i>12 to 18 years</i>	<i>Above 18 years classified as Adult. Ballroom category: The use of open figures is allowed within the first five (5) bars of the routine (only), as embellishments/ introduction to their routines.</i>
Beginner: Ballroom & Latin	<i>Adult competitors who have not completed any IDTA, ISTD or equivalent medal tests or who have completed Social awards, Bronze 1 or Bronze 2</i>	<i>Figures restricted to those specified in attached Appendix Ballroom category: The use of open figures is allowed within the first five (5) bars of the routine (only), as embellishments/ introduction to their routines.</i>
Open Ballroom	<i>Any Non-Tutor adult competitor</i>	<i>Ballroom category: The use of open figures is allowed within the first five (5) bars of the routine (only), as embellishments/ introduction to their routines.</i>
Open Latin	<i>Any Non-Tutor adult competitor</i>	
Conventional	<i>Any Non-Tutor adult competitor</i>	
Open Club	<i>All adults including Tutors</i>	
Performance	<i>All adults including Tutors</i>	<i>Time 4 minutes max</i>
Caribbean Freestyle	<i>All adults including Tutors</i>	<i>No style, genre or figure restrictions Music to be provided upon check in at competition venue</i>



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Category	Open to	Notes
Dancing with Caribbean Stars	Any adult who is a well-known personality (e.g. in sports, culture, politics, entertainment, etc) and has not completed any formal dance training	Celebrity Dancer will be partnered by a tutor or a senior dance student Time 2 ½ minutes max.

**Competition Rules**

1. Registration is complete when all of the following is received:
  - The completed and signed registration form (page 1 of this package)
  - The signed Indemnity Agreement (see Appendix 2) for EACH competitor
  - Competitor registration fee (deposited to: Dance Ensemble Tobago FCB a/c# 1466997)
  - Competitors must ensure their registration documents and fees are forwarded to us by the registration deadline date: June 1 2018.
  - Registration Fee per couple: \$100TTD Pre Juvenile & Juvenile, \$200TTD Youth & Adults. Early Bird discount of 50% for submissions by April 13 2018.
  - International groups please contact us for payment arrangements.
2. No coaching of partners must occur on the dance floor (e.g. no counting).
3. Ballroom dress code for men is dark grey, black or dark blue suits or black waist coats. (**See attachment for further rules on dress code**).
4. The organizers reserve the right to cancel any category if less than three couples are registered.
5. Figure Restrictions: The following are **NOT** allowed in any category (with the exception of Caribbean Freestyle Category)
  - a. Lifts or high back kicks (Lifts are classified as such when both feet of a competitor are off the ground at the same time with the assistance of a partner).
  - b. Somersaults”, head spins, and free handed rotating movements. There must be no spinning of partners by any part of the anatomy where their body is not in contact with the ground and supported by their own feet.
6. No same sex partners are allowed in any category
7. **Persons found to be in breach of any of these rules shall be disqualified.**
10. **This application is subject to approval/acceptance by the organizers.**
11. **The Judges decision is FINAL.**



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**Dress Code:** *Female Competitors (Pre- Juvenile, Juvenile, Youth)*

1. Female competitors may not wear shorts or leotards alone but they can be worn with a skirt. Female competitors **MUST** wear a skirt or dress.
2. In Latin, the girl's dress may have a skirt made of fabric, fringe, feathers and any other suitable material, provided always that the skirt must completely cover the panties in front and in the back when standing still.
3. The competitor's costume must cover the intimate parts of her body.
4. The Chief Judge may suspend from competition any competitor who fails to comply with these guidelines or fails to comply with the Chief Judge's directions at the competition, and may direct the scrutineers not to record the marks given to such competitors in any competition in which the competitor fails so to comply.

**Panty Line (Under garments)**

- Back side – whole buttocks are covered
- In front – follows the line between flexed leg and body

Illustration A shows the minimum degree of coverage required by this rule.

Illustration B is an example of a degree of exposure which is **not** permitted under this rule.

**A**



**B**



*Adopted from WDSF competition rules*



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**Location/Time:** Saturday, 7th July 2018 at 5pm: Signal Hill Secondary School,  
Signal Hill, Tobago

**Dance Categories:**                      **Order of Dances within each category**

1. **Pre Juvenile:** American Style Foxtrot and Jive
2. **Juvenile:** American / International Style Waltz and American Style Rumba
3. **Youth-Ballroom:** International Style: Foxtrot and Quickstep
4. **Youth-Latin:** International Style: Cha Cha Cha and Rumba
5. **Beginner- Ballroom:** International Style: Waltz, Foxtrot and Quickstep
6. **Beginner- Latin:** International Style: Cha-Cha-Cha, Rumba, and Jive
7. **Dancing with Cb'n Stars** **Any ballroom or Latin dance.** Couples will dance alone on the floor  
(Only the first 6 couples will be registered: **Time limit 2.5 mins.**)
8. **Performance:** **Any ballroom or Latin dance.** Couples will dance alone on the floor  
(Only the first 6 couples to apply will be registered: **Time limit 4 mins.**)
9. **Adult Open-Ballroom:** International Style: Waltz, Tango, Foxtrot, Quickstep,
10. **Adult Open-Latin:** International Style: Cha-Cha-Cha, Samba, Rumba, Jive
11. **Adult Open Conventional:** Heel and Toes, Bounce and Calypso.
12. **Adult Open Club:** Merengue, Bachata, Salsa
13. **Caribbean Freestyle** No restrictions on dance moves or genre.



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**Judging Criteria**

**Ballroom**

- Timing: Must dance in time with the music
- Top line: Your poise, hold, and Head position
- Connection: Dancing in sync and harmony with your partner
- Balance and Carriage
- Technique: Footwork, Keeping contact, Alignment, Rise and fall, Sway.
- Floor Craft: Smooth progression anti-clockwise around the floor.

**Latin & Club**

- Timing: Must dance in time with the music
- Topline: Poise and Hold must be different to that of ballroom
- Technique: Footwork, Action Used, Use of different leads
- Projecting the Character of the dance e.g. **Rumba**: romantic and sensual, **Jive**: energetic and lively, **Cha-Cha**: cheeky and playful, **Samba**: energetic and carnival like.
- Connection: Must be seen with and without hold
- Should show good lines with legs and arms.
- No lifts or flips. At least one foot must be in contact with the floor at all times.

**Conventional Category**

- Timing: must dance in time with the music
- Choreography
- Quality and Variety of Movement
- Utilization of Floor
- How Dancers complement each other
- Energy-the routine must attract attention, be exciting to watch but NOT VULGAR

**Performance Dance and Dancing with Caribbean Stars Categories**

- Timing:** Must dance in time with the music
- Choreography:** Variety of figures used, how is the dance put together
- Technique/Posture/Poise (to be appropriate with style be it ballroom or latin):**  
Couple's poise, hold, head position and footwork, rise and fall, sway, action used, use of different leads, use of good lines with legs and arms. No lifts or flips, at least one foot must be in contact with the floor at all times
- Expression:** Projecting the Character of the dance
- Musicality:** How the music is used by the couple

**Caribbean Freestyle**

- Timing: must dance in time with the music
- Musical interpretation; Creativity, Style and Flair
- Quality and Variety of Movement
- How Dancers complement each other
- Energy-the routine must attract attention, be exciting to watch but NOT VULGAR



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**Appendix 1: List of beginner figures:**

**Ballroom:**

<b>Waltz</b>	<b>Quickstep</b>	<b>Foxtrot</b>
RF Closed Change	Quarter turn to Right	Feather Step
LF Closed Change	Natural turn at Corner	Reverse Turn
Natural Turn	Natural Hesitation	Three Step
Reverse Turn	Progressive Chasse	Natural Turn
Whisk	Forward Lock Step	Change of Direction
Chasse from PP	Reverse Turn	Reverse Wave
Natural Turn with Hesitation	Natural Spin Turn	Open Telemark
Under turned Natural Spin Turn	Progressive Chasse to Right	Open Impetus
Outside change	Quick Open Reverse	Closed Impetus Turn
Progressive Chasse to Right	Backward Lock Step	Natural Weave
Reverse Corte	Under turned Nat. Spin Turn	
Back Whisk		
Natural Spin Turn		
Open Impetus Turn		
Weave in Waltz Time		



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**Latin:**

<b>Rumba</b>	<b>Jive</b>	<b>Cha-Cha-Cha</b>
Walks	Basic in Place	Basic Movement
Basic Movement	Change of Place L to R	Check from Open PP
Check from Open PP	Change of Place R to L	Check from Open CPP
Check from Open CPP	Link	Underarm turn to L & R
Underarm turn to L & R	Whip	Spot turn to L & R
Spot turn to L & R	Change of hands behind back	Hand to Hand
Hand to Hand	Basic in fall away	Fan
Fan	American Spin	Hockey Stick
Hockey Stick	Promenade Walks S & Q	Open Hip Twist
Open Hip Twist	Ball change	Close Hip Twist
Close Hip Twist	Stop & Go	Three Cha-Chas
Curl		Three Step Spin
Side Steps		Fwd & Bwd Locks
Fallaway		
Cucaracha		

**N.B It is not a requirement to dance all the figures listed  
In addition figures listed need not be danced in their entirety. For e.g. in the  
Waltz it is acceptable to dance 1-3 Natural Turn followed by any appropriate  
follow listed.**





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**APPENDIX: 2**

**INDEMNITY AGREEMENT**

***MUST BE SIGNED BY EACH COMPETITOR. Competitors Under 18 years old require signature of Parent or Guardian.***

I, the undersigned, do hereby confirm that I have read and understood the Rules and Regulations of the Dance Ensemble Tobago Dancesport and do hereby warrant that by my signature that I consider myself bound by them.

In consideration of the Dance Competition, I hereby acknowledge that I am participating in a competitive event with co-participants, and that I am fully aware of, and have acquainted myself with, the associated risks. I understand that:

1. The Competition may be extremely physical and may be injurious to my health, and my co-participants health.
2. I will be exposed to possible injury including, but not limited to, bone damage, bruising and any such other medical ailment or injury. The range of risks and the degree of danger to me include those mentioned above but also others, some of them not reasonably foreseeable.
3. Furthermore, I am aware and acknowledge:
  - i. that I may experience anxiety and/or stress whilst competing with co-participants;
  - ii. that I may come into close contact, or even direct contact, with my co-participants;
  - iii. that my risk of injury is reduced if I follow all rules established for participation;
  - iv. that it is my responsibility to ensure that I am properly attired, including the use of proper dance shoes;
4. In the event of emergencies, medical assistance will be provided by authorized medical personnel and I may be liable for all costs thereby occasioned;

**Personal Warranties**

1. I warrant that my general health, including my physical and mental well-being, is sound and there is nothing which renders me unable to participate to the level required in this Competition.

**Indemnity**

1. I hereby indemnify and hold the Dance Ensemble Tobago harmless against any and all claims which may be made against the Organization, in respect of any matters referred to above, by my Estate, any of my dependents, heirs or beneficiaries, successors-in-title or assigns.

**Declaration**

**IN SIGNING THIS INDEMNITY, I also warrant that I am of sound mind and I declare that I have read through the Indemnity and I know and understand its terms and the consequences thereof and fully agree to bind myself to these provisions.**

Dated this \_\_\_\_\_ day of \_\_\_\_\_ 2018

NAME OF PARTICIPANT/GUARDIAN \_\_\_\_\_

SIGNATURE OF PARTICIPANT/GUARDIAN \_\_\_\_\_